

Location Details

Location:
NIU Naperville Campus
1120 E. Diehl Rd
Naperville, IL 60563
Phone: (630) 577-9101 (call for directions)

Directions:
From I-88, exit Naperville Road going south.
Turn left on Freedom drive
Turn right onto Diehl Road.
Turn left on Centre Point Circle and then left into the
NIU parking lot. Parking is free; no permits are needed.



Directions to Naperville Campus.

For further information, please contact:
Cynthia York-Camden MS, RD, LDN
IL DHCC Chair
618 967-9535
cynthiayorkcamden@yahoo.com

Suggested hotel accommodations:
* Hampton Inn
1087 Diehl Road,
Naperville, IL 60563
630-505-1400

* Mention the conference is at NIU Naperville and
receive a reduced rate.

Address Correction Requested

Cynthia York-Camden MS, RD, LDN
Illinois DHCC Chair (Formerly IL CD-HCF
2041 Spruce Street
Murphysboro, IL 62966



Getting Excited about Nutrition and Aging!

Friday June 18, 2010

7:30 - 4:30 PM

Keynote Speaker
Brenda Richardson MS, RD, LDN
National Lecturer and
Dietetics in Healthcare Communities
2010-2011 Chair

Brochure Sponsored by



**Illinois Dietetics in
Healthcare Communities**
(formerly Illinois CD-HCF)

Web site: <http://www.Illinoisdhcc.org/>





Continuing Education

RD/DTR: 8 CPE hours, Level 2

CDM: 7 CE hours *Pending approval

Program Objectives

- Identify key products in the market place.
- Discuss approaches to success in nutrition and aging practice.
- Identify multiple settings for nutrition services with aging populations.
- Learn about changes in MDS 3.0 and implications for nutrition documentation.
- Discuss proper data gathering and interview techniques to ensure accurate completion of the MDS 3.0 nutrition sections.
- Identify new updates for the survey process with F325 & F371.
- Understand expectations from surveyors including how tags are cited and how they can be prevented.
- Review culture change case study with outcomes for residents, nursing and administration.
- Describe the latest research and biochemistry of wound healing including necessary nutrients needed for healing.
- Recognize physical and emotional signs of stress.
- Identify at least three techniques to help manage stress.

Agenda

7:30 - 8:00 am	Registration/Continental Breakfast Vendor Exhibits
8:00 - 8:15 am	Welcome/Introduction of Sponsors Cynthia York-Camden MS, RD, LDN IL DHCC Chair (formerly CD-HCF) Jane Jarrett RD, LDN IL DHCC Chair-Elect
8:15 - 9:45 am	Getting excited about Nutrition and Aging! Brenda Richardson MS, RD, LDN Brenda Richardson Associates
9:45 - 10:45 am	Vendor Exhibits
10:45 - 11:30am	MDS 3.0 It has finally arrived! Kim Fremont MS, RD, LDN Health Technologies, Inc
11:30 - 12:30 pm	Area V Update & Lunch Brenda Richardson MS, RD, LDN
12:30 - 1:30 pm	F325 & F371 What Should Food Service Departments Expect from Surveyors? Connie Jensen RD, LDN Illinois Department of Public Health
1:30 - 2:00 pm	Culture Change in Action Jane Jarrett RD, LDN Linda Roberts Associates
2:00 - 2:15 pm	Break
2:15 - 3:15 pm	Wound Healing Nutrition Dorothy Stewart MS, RD, LDN Nutrition Care Systems
3:15 - 4:15 pm	Stress - the Spice of Life Jean D. Ramsey MS, RD, LDN Your Learning Basket.com
4:15 - 4:30 pm	Questions/Evaluations

Registration Form

Name/Title

Facility

Address

City/State/Zip

E-mail Address

Phone Number

RD ___ DTR ___ CDM ___ Other ___

	Early Bird *	After 6/07/10
IL DHCC/DMA Members	\$55 **	\$70 **
Non-Members:	\$70 **	\$80 **

- * Early Bird registration before 6/7/10
- ** Registration includes continental breakfast, lunch, and seminar materials.

Registration due by June 7, 2010
 Make checks payable to:
IL CD-HCF
 Paula Strong
 1305 Birchbark Trail
 Carol Stream, IL 60188-3318
 Phone: 847 738-9171
 E-mail: paulastrong@sbcglobal.net
 Pay online at <http://www.illinoisdhcc.org/>